Browne Academy Quick Reference Emergency Plan Diabetes Management Plan

Hypoglycemia (Low Blood Sugar)

Photo

Student's Name							
Grade/Teacher					Date of Plan		
Emergency Conta	ct Information:						
Mother/Guardian			Father/Guardian	1			
Home phone	Work phone	Cell Home phone		W	ork phone	Cell	
Physician			Contact Number	(s)			
	Never send	a child with suspec	ted low blood sugar	r anywl	here alone.		
		ypoglycemia					
	• Too mu • Misse			Onset	O nset Sudden		
	• Delaye	+					
	• Too much or too	intense exercise					
	Unschedul	ed exercise					
		Syn	nptoms	\neg			
			¥	_	*		
	lild	Mo	 Moderate Headache Behavior Change Blurry vision Weakness Slurred Speech 		Severe • Loss of consciousness • Seizure • Inability to swallow		
	Sweating						
	Drowsiness Parsonality change	• Behavior change					
WeaknessPalenessPersonality changeInability to		• Poor	January of Land		ey to swanow		
• Anxiety concentrate		coordination • Other					
	Other:			_			
• Dizziness							
Circle student's usual symptoms.		Circle student's usual symptoms.			Circle student's usual symptoms.		
	Y	Action	ns Needed			V	
Notify Scho	ool Nurse or Trained Management Plan.						
	\		*			*	
	lild		Moderate		Severe		
Student may/may not treat self.Provide quick-sugar source.		• Someone assis	Someone assists.		• Don't attempt to give anything by mouth.		
	ose tablets		Give student quick-sugar source				
or		per MILD gui	per MILD guidelines.		• Position on side, if possible.		
4 oz. juice or 6 oz. regular soda		• Wait 10 to 15	• Wait 10 to 15 minutes.		Contact school nurse or trained diabetes personnel.		
3 teaspoons of glucose gel		Recheck blood glucose.			Administer glucagon, as prescribed.		
• Wait 10 to 15 minutes.		• Repeat food if	• Repeat food if symptoms persist				
Recheck blood glucose.Repeat food if symptoms persist		or blood glucose is less than			• Call 911.		
or blood glucose is less than							
• Follow with a snack of			Follow with a snack of		Contact parents/guardian.		
• Follow with a snack of carbohydrate and protein (e.g., cheese and crackers).		carbohydrate and protein (e.g., cheese and crackers).			Stay with student.		

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